

Composting Made Simple!

The simple act of composting organic food scraps can help decrease landfill waste and also creates a nutrient rich soil for plants! Try this simple activity with your kids to get a sampling for what composting is like.

What you need:

Two-liter plastic bottle

Scissors

Potting soil

Compost material – shredded brown paper, dried leaves

Organic fruit and vegetable waste – apple core, banana peel, lettuce, potato skins, etc. (*do NOT add—fish, dairy, bones, fat, grease, or meat to your compost as they can attract pests.*)

Spray bottle or cup of water

Wooden or metal spoon



What to do:

1. Make sure to wash out your plastic bottle and remove any labels.
2. Help your child by cutting the plastic bottle in half using a scissors.
3. Fill the bottom of the bottle with soil.
4. Add shredded paper and leaves. Wet the shredded paper, leaves, and soil with a spray bottle or water. Make sure not to overwater.
5. Add some food scraps for your composting material. Mix in your food scraps using a wooden or metal spoon. Make sure you mix the soil, food scraps, leaves, and paper, all together.
6. Use the spray bottle to wet the material again.
7. Take the bottle top and reattach it by sliding it into place.
8. Now it takes patience! It may take a few months for the food scraps to break down. Soon you will have rich compost in which you can plant seeds and watch them grow!
What's happening? The organic material is being broken down by bacteria!

Tune in today to Como Live on Facebook at 1:30pm to learn about the care of the plants in Tropical Encounters.

