provided.
Write down what you heard in the space
the sounds you hear. Open your eyes and
your eyes and take 60 seconds to listen to
Find a spot to sit in the conservatory, close

Listen Closely
What do you see?

Use the space provided to write down or sketch anything that is visually appealing to you. Notice things like colors and shapes or the way the light is entering a room.
What was your favorite smell?

Garden and give them a sniff.

Scent. Find some Orchids in the north.

Rooms and select your favorite based on

unique smell. Walk through the different

Each room in the conservatory has its own

Smell

Touch

Surprise you? Journal about it below.

smooth surfaces. Did any of these surfaces

Notice things like temperature, rough edges.

Explore different plants and how they feel

Conservatory. Gently, using two fingers.

There are many different textures in the

Touch
Taste

The North Garden is Como’s living grocery store; home to many different types of fruits and other plants used for human use and consumption. How many different plants do you recognize? Are any of the plants producing fruit right now? Have you ever tasted any of the fruits you see?

(Note: The plants in the North Garden are sprayed with pesticides and are not safe for human consumption!)