

Pressed Flowers

Have you every received flowers as a gift and wanted to keep them? You can preserve flowers and the memeoires they hold by trying your hand at flower pressing!

What you need:

- Fresh flowers
- Ziploc bag (optional)
- Scissors
- Two pieces of parchment paper
- Heavy book (that you don't mind damaging!)

What to do:

1. Have fresh flowers on hand. Make sure the flowers are either still in bud form or freshly bloomed.
2. Prep the flowers. Cut off the low leaves. Cut the stems at an angle.
3. Store flowers in a Ziplock bag in the refrigerator if you can't press them right away.
4. Once ready to press, put the flower between two pieces of parchment paper between the pages of a book (like an old phone book or dictionary). You can put multiple flowers in one book but be sure to place them several pages apart, so the moisture doesn't ruin the flowers. You will most likely get moisture on the pages and they will wrinkle.
5. Close the book. Stack more books or weights on top of the book with the flowers to weigh it down.
6. Put the books out of the way and let the flowers sit for about 3 to 4 weeks. You can check the parchment paper after three weeks. If it is still damp, change out the parchment paper and let sit for longer.
7. Once your flowers are done drying, take them off the parchment paper carefully with a tweezers.



Tune in today to Como Live on Facebook at 1:30pm to learn more about our bulb production areas!

